

LIBRETTO

Symphony Village's Newsletter

March, 2008

Vol. III No.3

MISSION STATEMENT: To enhance the quality of life and promote a harmonious community through the timely publication of accurate information about residents, events, and activities in and around Symphony Village.

WELCOME NEW HOMEOWNERS!!

The following residents settled and/or moved into their new homes since our last publication:

Mary & Bob Ciesielski
227 Concerto Avenue

Welcome to each and everyone!

Some of our new residents were not available to complete the application for the Directory but the information will be updated as soon as possible and will be available on the Web site.

Welcome Evening for New Residents

All new residents are invited to a "Welcome Evening" on Wednesday, March 26, at 7:00 p.m. in the Clubhouse Grand Concert Room. This is an informal get-together to meet other new neighbors, have dessert, and learn more about your new community. Please sign up in the Activities Book in the Clubhouse or call Carol Hodges at 410-758-0591 so we can plan appropriately. If you have been previously invited and were unable to come, please feel free to attend. Again, just call Carol or sign up.



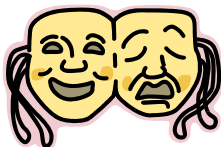
FROM JAN'S DESK

The spring weather is just around the corner. It's time to organize bocce ball and horseshoe events. I am looking for someone to be the event coordinator for this event. Please either see me or call me at 410-758-8500.

Suggestions have also been made to organize volleyball and or croquet events. Again, we need an event coordinator. Please either see me or call me at 410-758-8500.

WANTED !!!!

Homeowners from Symphony Village who would be interested in starting a Drama Club.



Needed: Director, actors, light and prop persons, and musicians. We would like to start with a Mystery Play. Please sign up in the Activities Book, and we will plan based on the interest shown.

FROM DENNIS' DESK

Please remember to pick up after your pets. Centreville recently passed an ordinance regarding pet waste disposal. Violations constitute a municipal infraction and fines up to \$500 are possible.

Residents paying their HOA dues with on-line banking procedures cannot send their payment to the North Carolina address. Please correct your address for payment to go to Legum & Norman, 4401 Ford Avenue, 12th Floor, Alexandria, VA 22302. Continue to make your check payable to SVHOA and include your account number on the check. Any question, please feel free to contact me.

FROM JON BULLOCK'S DESK

I am pleased to announce that Bartlett Tree Experts will be managing our tree and shrub health in the 2008 season. Stephen Goin, our Bartlett Representative is an ISA Certified Arborist, ISA Municipal Specialist, and Maryland Licensed Tree Expert. All applications made to the trees and shrubs will be completed by an experienced Maryland Licensed Pesticide Applicator who has completed extensive continuing education as well as training at the Bartlett Research Lab. Following is a summary of the plant health care program we have scheduled for the community.

Mid/End of March – First borer suppression treatment to all street and common trees and first mite suppression treatment to white pines and spruces.

Early April – First homeowner foundation bed, model home area, and Clubhouse area treatments to manage various scale insects, foliar fungal issues, borers, and cool season mites. Spot treatments to suppress Phytophthora root rot disease will also be completed.

Early July – Second borer suppression treatment to all street and common trees.

To coincide with peak Japanese Beetle Activity (usually mid July) – Second homeowner foundation bed, model home area, and clubhouse area treatments to manage Japanese beetles (foliar protection, flowering protection requires treatments on weekly basis and is out of the scope of the current program), lace bugs, warm season mites, mealy bugs, scale crawlers, borers, and bagworms.

September – Third homeowner foundation bed, model home area, and Clubhouse area treatments to suppress residual populations of scales, lace bugs, mealy bugs, and fall foliar fungal diseases. Spot treatments to suppress Phytophthora root rot disease will also be completed. Second mite suppression treatment to white pines and spruces.

You will receive notice of an upcoming application about 1 week ahead of time. The applications will take a couple of days each and are dependent upon weather conditions. When common area and street trees are treated, a small yellow placard will be placed near major pathways/entrances and corners of streets as the applications are made. When the foundation beds are treated, a small yellow placard will be placed near the walk/driveway at each house. These placards are to remain on site for 48 hours and should be removed by the homeowners afterwards. In an effort to recycle as many as possible, Bartlett may retrieve these placards as time permits for them; however, they are ultimately the responsibility of the property owner. Once an application is made, avoid the area if the tree or shrub is still wet from the

application; once the product dries, it is perfectly safe to reenter the area and will pose no threat to pets is posed.

The Bartlett Research Lab has thoroughly tested every product it uses for the highest degree of effectiveness while being the safest and environmentally friendliest products available. Many of the products being used are organic and natural; however with the level of pests present in the community, an all-organic program is not economically feasible at this time. Plant health does not change overnight; sometimes it takes a couple of years to see improvement. However, with Bartlett's help, we know that we are taking the right steps towards a happy and healthy landscape for everyone to enjoy.

COMMITTEE REPORTS

LIFESTYLES UPDATE

The Lifestyles Committee meets on the first Tuesday of each month at 7:00 p.m. All are invited to attend. Your ideas and suggestions for a variety of social events are welcomed.

- March 15 Enjoy a St. Patrick's Happy Hour at 6:00 p.m. Wear green. Be entertained with a three-piece Irish band, **The Boys of Bay Hundred**. Bring some Irish food or your favorite appetizer.
- March 22 Easter Egg Hunt from 1:00 to 3:00 p.m. for grandchildren ages 10 and under. Sign up in book. \$3.00 per child plus \$2.00 for picture, (optional).
- March 27 Lunch Bunch at Noon. Restaurant to be determined.
- March 27 Ladies' Night at the Bar begins at 5:30 p.m. \$5.00 for food and "drink of the night."
- March 28 Movie Night at 7:00 p.m. in the Clubhouse, (movie TBA)
- April 1 Lifestyle Meeting at 7:00 p.m.
- April 3 Men's Happy Hour at 6:30 p.m. This is a first!!! Hope y'all come for food and drink just \$5.00 per person.
- April 4 Happy Hour at 6:00 p.m.
- April 11 Potluck Supper at 6:30 p.m. (See below)

Potluck Supper for Friday, April 11 – Sign up beginning Monday, March 31, through Monday, April 7. You must pay \$5.00 per person when you sign up. The \$5.00 will pay for your meat entrée and a plate ticket. When you sign up, please select a listed side dish serving 10-12 people that you will bring to the potluck supper. It is a BYOB or "buy at the bar" for the beverage of your choice. **This event is by popular demand so sign up early.**

Mount Vernon Day Trip on Wednesday, May 28 – sign up for this event begins on Monday, March 17, at 9:00 a.m. **Cost is \$49.00 per person payable by check to the Symphony Village @ Centreville HOA at the time of sign up.** This bus will accommodate 40 people. Price will include bus, admission to Mount Vernon and the new interpretive center including: introductory movie; lunch at the tavern (2 courses, non-alcoholic drink, tax, and tip) with Martha Washington speaking; a house and garden self-guiding tour with costumed guides along the way to explain about the rooms. The bus will depart from the Clubhouse at 8:30 a.m. and return approximately at 4:30 p.m.

Are you interested in the Wilmington, Delaware, matinee performances at the Dupont Theater?



Please take note of the interest sign up sheets at the Clubhouse. Tickets may be purchased for group prices if there is sufficient interest for a particular show. All tickets must be paid for prior to ordering the tickets. Bus transportation can be arranged for an additional cost.

The Lifestyles Committee will continue to plan day trips, entertainment groups, theater outings, and good eating times with more potluck suppers and summer cookouts. Of course we are always looking for event coordinators and worker bees to help with these events. **Can we count on you?**



Who can I get to clean my house? *See pages 16 to 18!*

PUBLICATIONS AND COMMUNICATIONS UPDATE

Are you getting all of your Symphony Village Email messages?



Currently we are experiencing email being bounced from Yahoo email accounts. This is happening with approximately half of all the email messages sent to these accounts. Presumably, this happens because Yahoo considers some of our email messages as spam. Unfortunately, there seems to be very little that can be done about this, since Yahoo accounts are free, and you as the recipient, or we as the sender (and apparent spammer), do not have any clout over Yahoo practices.

Fortunately there is a very simple solution to this issue. Your Internet Service Provider (ISP) includes one or more email addresses for you to use at no additional cost. This is true regardless of whether you are using an Atlanticbb.net, Verizon.net, or a dial-up service. We have experienced very few problems with ISP provided email accounts and encourage their use for SV email. Another alternative is to use a Google gmail account. These accounts are free and have proven to be problem free.

Note that there is no need to get rid of your Yahoo account; just don't use it for Symphony Village email. If you have questions, contact John at 443-262-9181.

Advertisers

Please patronize our advertisers. Advertised are custom glass & tint, financial advisors, skylights, home theater, ice cream, attorney, insurance agent, house cleaning, dentist, home improvement, free prescription delivery, landscaping, and new this month pet grooming, window treatments, and awnings.

OUTREACH UPDATE

Neighbor to Neighbor

The neighbor-to-neighbor group continues to be one of the best assets in Symphony Village. The street captains and all of the volunteers are a perfect example of neighbors who care and are willing to assist anyone within the community who might be in need. The types of assistance offered continue to increase as do the needs of Symphony Village residents. Please feel free to call on your neighbors (street captains) at any time and be assured that you will speak with a kind and caring neighbor who will promptly respond with the appropriate services that are needed. The next meeting is March 26 at 7:00 p.m. in the Clubhouse. All are welcome.

Caregivers Group

Our Caregivers group has had several interesting speakers recently. Bill Wright, a spokesman for patient safety, spoke to us in February. In March, Ann Goodwin, an attorney from Easton and member of the Commission on Aging, visited. She spoke to us concerning the legal ramifications of filling out the booklet "Five Wishes" (advance directives.) On April 7th, Brian Helfenbein will be our guest and he will bring us a presentation on advance planning. Everyone in the Symphony Village community is invited to attend this informative meeting.

All of our speakers help us, as caregivers, give better care to our loved ones as well as ourselves. If you are responsible for the care of a loved one or friend, you will find support as well as helpful information in this group. We meet every two weeks at the home of Beth Dewhirst and we encourage you to join us. Our next meeting will be March 24.

Spring Flower Mart

Our Spring Flower Mart is coming soon! In early May you will be able to purchase annuals, perennials, herbs, flowering shrubs and plants and help contribute to the funding of many wonderful projects that your Outreach program supports!! We are looking for volunteers to help organize this event and distribute these goodies. If you are new to the community, this is a great way to meet many of your neighbors. For more information, please call Loretta Quigley at 410-758-6775 or Dorothy Hamm at 410-758-3803. Our next regular meeting is scheduled for Tuesday, March 25, at 7:00 p.m.

Do You Watch QACTV (Channel 6)?

You missed a great presentation, if you did not see Jessica Keating's Cooking Show from Green Lots Farm. This month she featured *The Village Cookbook*. She made a whole meal with selections from the cookbook. Jessica chose Donna DiToto's Baked Potato Soup, Mary Drake's Citrus Salad and Carol Hodges' Gopher Cake. (She did wonder where the name came from and don't we all?) After the recipes were prepared, the servings were set out on a table. It was a beautiful sight to behold! The Jessica Keating Show appears Friday at 10 a.m., Saturday at 4 p.m., and Wednesday at 8 p.m. We are attempting to get a copy of the show; so it can be viewed at the Clubhouse and everyone can enjoy it.

A couple of extra cookbooks are still available in Symphony Village. The remaining cookbooks are being sold at Hospice. If you would like a copy, call Dorothy Hamm (301-758-3803).

A Party to Remember

To all those planning to attend the event in memory of Jeanne and Ed Novack's daughter Monica— The bus will arrive at the Clubhouse no later than 6:45 p.m. on Friday, April 4. The bus will leave promptly at 7:00 p.m. The event runs from 7:30 p.m. to 12:30 a.m. Most attendees have expressed an interest in an earlier return. The plan, therefore, is to return no later than 11:00 p.m. The event will feature plenty of food, especially pit beef and oysters. There will be a popular DJ and dancing. There will be door prizes, raffles (the quilt), sports memorabilia to purchase, a silent auction featuring gift baskets, and Miley Cyrus herself has sent a collection of Hanna Montana items autographed by “Hanna.” featuring shirts. I'm sure there will be something of interest for everyone.

Isabel Cusimano--Symphony Village's Volunteer in Action by Brenda Stoltz

Isabel Cusimano has been a volunteer for Hospice of Queen Anne's, Inc. for over 14 years. Before that she was busy helping her husband, Michael, with his construction business, raising three children, and volunteering at their schools. In the 1960's Isabel and Michael moved from New Jersey to Maryland to start a business and raise their family. Their odyssey took them from Anne Arundel County to the Eastern Shore. In Queenstown, they found the perfect home on Bennett Point. Many wonderful years were spent on Bennett Point before tragedy struck with Michael's sudden death from lung cancer. It was this experience that lead Isabel and her family to become involved in “Relay for Life”-- a Hospice sponsored fundraiser. Knowing that all funds raised from this event went only to Hospice of Queen Anne's made Isabel feel she was helping a charity close to home at the same time doing something very special in loving memory of her husband.

This was the beginning of Isabel's association with Hospice of Queen Anne's (HQA). Her jobs throughout the years have been interesting and varied. For two years she worked at the Estate Treasures store located in Chester. This is a place where people bring their “treasures” from home to be sold, and it is one of the most profitable Hospice fundraisers. Estate Treasures has contributed over 1 million dollars to the new Hospice Center in Centreville. Through the years, Isabel has also been involved in programs to knit prayer shawls and throws for hospice and nursing home patients. She helped make many other gifts for these patients that were given to them at different holidays throughout the year. A favorite and very moving experience was helping prepare food at Camp New Dawn. The camp's purpose is to help children dealing with the traumatic loss of loved ones. Debbie Gilmer, Volunteer Coordinator for HQA, told me Isabel has helped her on countless occasions with various jobs at the Center and is wonderful to work with. Debbie's SOS calls usually are for help with clerical work and big mailings.



Isabel says watching Hospice of Queen Anne’s grow from a tiny home in Queenstown to the beautiful and spacious Hospice Center in Centreville (right in Symphony Village’s backyard) has been very rewarding. She’s especially excited about the opening of this new Center in March because she may have yet another interesting volunteer position; she may be one of the “Greeters” at the front desk. I can’t think of a more charming, friendly person than Isabel to greet visitors who come to Hospice.

Good luck to you, Isabel, in your new venture!



Who can install an awning to block the sun? *See pages 16 to 18!*

SVers Puls, Offerman, and Brown Perform at Kennard Elementary School

Doug Puls, Bob Offerman, and Gail Brown helped the children at Kennard Elementary School celebrate “African-Americans and the Performing Arts” on February 29. Puls played his acoustic jazz guitar and sang while Offerman played along with his electric bass guitar. Puls unexpectedly requested the student drummers to return to the stage and accompany him and Offerman. One of the teachers said their play “fired up the students.”

Gail Brown danced with a group of Kennard Elementary School Teachers to thrill the audience of children, parents, and visitors with a demonstration of the Charleston. Brown also performed with a group of students and teachers dancing the Twist.

Sarah Brown of Kennard Elementary presented Symphony Village with a Certificate of Excellence in recognition for Diversity. You can view photos, the *Record Observer* article, and the certificate in the Clubhouse lobby.

SYMPHONY SNEAKERS UPDATE



Book Giveaways

Thanks to all who helped make the Donuts for Dads and the Dr. Seuss book giveaways at Kennard Elementary a huge success.

Next Meeting

Our next Sneakers meeting is Wednesday, March 26 at 6:30 p.m. in the Clubhouse. All Symphony Village residents are welcome to join us.



Who can I get to groom my pet? *See pages 16 to 18!*

SYMPHONY SSINGLES

Singles Tour and Tea

On Tuesday, March 18, Symphony Village singles will travel to Cambridge, Maryland, and tour the LaGrange Plantation to see the Smithsonian traveling exhibition, **KEY INGREDIENTS: America by Food**. Tea will be served in the Meredith House at 2:30 p.m. The cost of the trip is \$20.00 per person. Meet at the Clubhouse at 11:30 a.m. to form carpools. Sign up in the Activities Book by March 17. If you have any questions regarding the trip, contact Lois Winegardner (410-758-1262) or Doris Pullman (410-758-1578).

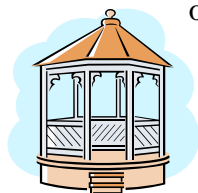
Singles Meet and Greet

All Symphony Village singles are invited to meet at the Clubhouse Sunday, April 13, from 3:00 to 5:00 p.m. for good conversation and light fare. Share your ideas with the group and help us plan activities for everyone to enjoy. We look forward to meeting you. Again, if you have any questions, call Lois Winegardner (410-758-1262) or Doris Pullman (410-758-1578).

CLUBS AND CLASSES

“Gazebo Gang”

The first meeting of the Symphony Village Garden Club in 2008 will be held in the Gazebo the week of April 8. All interested residents are invited to attend. This year we hope to have one sponsor for each of the 20 beds in the garden. The crocuses are in bloom, and the tulips and daffodils are popping thru the ground! By the time this is published, the Purple Martin house will be raised and the apartments ready for occupancy. We're looking forward to occupancy near the end of March. A request for authorization to install a second martin house near the pond off Encore has been submitted. Upon approval, the garden gang will purchase and install the new house. Donations to the garden club may be made to cover the purchase price. Installation will be free!



Symphony Village Bird Club



The SV Bird Club again braved blustery winds to attend a guided tour of Chesapeake Farms in Chestertown on March 1. Joining with a group from the Delmarva Ornithological Society, Dr. Mark Connor, Chesapeake Farms Manager, led us on a van trip to many non-public areas on the Farm. We identified over 30 species of birds. Highlights were 2 golden eagles, many bald eagles (both adult and juvenile), ducks galore (shovelers, mallards, common mergansers, pintails, scaup, ruddy ducks, ring-necked ducks, black ducks, etc.), red-tailed hawks, northern harriers, a great blue heron, tundra swans, and a belted kingfisher that seemed to be posing just for us. We also saw the more common turkey and black vultures, redwing blackbirds, Canada geese, snow geese (including blue morphs), sea gulls, crows, and more. We saw trees freshly gnawed by beaver, fresh deer tracks in the mud, and we watched a soaring golden eagle cause a pond filled with Canada geese to quickly take flight. It was a wonderful outing.

We plan a trip to the Eagle Festival at Blackwater National Wildlife Refuge on March 15. Our next club meeting is March 27 at noon in the Arts and Crafts Room.

Coming Events: The Delmarva Birding Weekend takes place April 23-27. Lots of different kinds of excursions are planned. Please look at the web site (www.skipjack.net/le_shore/birdingweekend) and let Linda Blume (410-758-3194) know which events you'd like the Bird Club to attend as a group. While they last, brochures are also available in the Arts and Crafts room.

Book Clubs

Third Tuesday Reading for Fun Book Club

The book for February was *Bel Canto* by Ann Patchett. All agreed that the plot showed a lot of imagination, and the story was very interesting. Although all the loose ends were wrapped up, most people were disappointed in the ending. With a different ending, the author would have had a great opportunity for a sequel. As usual, delicious desserts were provided and supplemented with decaf coffee.

The book for March, selected by Joan Hennessey, was *Atonement*, by Ian McEwan. The March meeting was changed to March 11, because several members were out of town. *Snow Falling On Cedars* by David Guterson is the selection for the April 15 meeting. This book has been made into a major motion picture. Four copies of this book have been obtained from the Wye Church book sale, and will be available at the March 11 meeting. All residents are welcome to join in the fun, including discussions and desserts. Y'all come! Contact Joan or Jack at 410-758-4872 for more information.

Third Thursday Book Club

The Thursday Book Club will meet on March 25. Our book for March is *Birdsong* by Sebastian Faulkes. The book for April is *Eat, Pray, Love: One Women's Search Across Italy, India, Indonesia* by Elizabeth Gilbert. Our book club is open to any one who wishes to join. Please come and enter our discussions.



Who can I get to finish my basement? *See pages 16 to 18!*

Tennis Club



A meeting of SV Residents interested in playing tennis this year was held on March 3. The resident decisions are as follows:

We will play singles, doubles, or/and mixed doubles, depending upon the players who meet for our scheduled "drop-in" game times. Scheduled court times for "drop-in" tennis are: Tuesday - 5 p.m. and Saturday - 9 a.m.

Feel free to contact any player for games/matches/practice at any other days/times. Please bring a can of new balls to each session (of course we will not open all of them).

If you are new to tennis and would like some help/instruction, contact Linda Gardner, Ellen Miller, Nancie Cameron, or George Drake. Depending upon the number of players who come out regularly, we will determine if we should have a tennis "ladder" later in the season. For more info, contact George Drake at 410-758-8266 or GeorgeRDrake@yahoo.com

Cycling Group



Persons having a common interest in cycling met to make decisions about group rides. The Cycling Group has no affiliation and is open to all SV residents, friends, and local cyclists interested in group cycling for exercise, comradeship, and learning to cycle safely in a group. It was decided to categorize our rides for different riding abilities/experience as follows:

1. Rides going 5 miles or less at an average speed of less than 10 miles-per-hour and staying within the Symphony Village area or perhaps up to the shopping center/hospice and return via the walking/biking path.
2. Rides going 10 miles or more at an average speed greater than 10 miles per hour and riding outside of SV on back roads (and highways for access to the back roads).

Scheduled ride times for "drop-in" cycling in category 1 above are: Monday, Wednesday, and Friday starting at 8:30 a.m. from the Clubhouse circle.

Scheduled ride times for "drop-in" cycling in category 2 above are: Monday, Thursday, and Saturday starting at 8:30 a.m. from the Clubhouse circle.

Feel free to contact any rider(s) for impromptu rides at any other days/times. As spring approaches, we will make opportunities for group rides to places such as the bike trails on Kent Island, Chestertown, Rock Hall, etc. For these rides, we would drive to/from the ride start. We will also plan some local brunch/lunch rides to places like Centreville, Queenstown, etc. from SV. A basic bicycle maintenance clinic will be scheduled for a Saturday afternoon in the spring.

Cyclists are encouraged to join rides with The Cycling Seniors. All rides are on Fridays starting at 10 a.m. There will be 30, 40, 50 riders! Enjoy the fun! Call George Drake at 410-758-8266 for a schedule. A similar Senior Cycling list for Monday rides (shorter, slower) will be sent via email when it is available.

SAFETY for yourself and for your fellow riders is the main consideration when riding with others. Always take it easy and ride safely. There are times when you will want to cross a road by walking. Do it! **PLEASE WEAR A BICYCLE HELMET EVERY TIME YOU ARE ON YOUR BICYCLE - FOR YOUR OWN PROTECTION.**

For more information or to join our email list, please contact George Drake at 410-758-8266 or GeorgeRDrake@yahoo.com. See you on the road!



Who can I get to do my taxes? *See pages 16 to 18!*

**SYMPHONY VILLAGE CLUBS AND CONTINUING
ACTIVITIES ROUND-UP, PART 3
(See January *Libretto* for Part 1 and February *Libretto* for Part 2)**

Bocce: George Hughes, 443-262-9729

We have lots of fun playing bocce one evening a week on the courts beside the Picnic Pavilion behind the Clubhouse. Currently in a winter hiatus, we're waiting for warmer weather to start up again. Watch Jan's "Here's What's Happening in the Week Ahead" for our spring "opening day." New players are always welcome!

Cycling: Mary & George Drake, 410-758-8266

See George's article on Cycling on page 10 in this issue of the *Libretto*.

Gazebo Garden Gang: Joan & Jack Hennessey, 410-758-4872

The Gazebo Garden Gang plants and maintains the beautiful flowerbeds surrounding the Gazebo. Bulbs are beginning to bloom to welcome spring. Come take a look to brighten your day! We can always use more helpers – just give Joan or Jack a call.

Golf:

Men's Golf: Rich Ryan, 410-758-2136

Weekly play will resume soon – watch Jan's "Here's What's Happening" for the exact date. We play 9 holes at Blue Heron (\$15). We will meet on Wednesdays at 9:30 a.m. (or 10:30 in cooler weather) in the Clubhouse parking lot to carpool. All golfers are welcome!

Women's Golf: Bev Linkins, 410-758-3913

Weekly play will probably resume on April 4. We play 9 holes at Blue Heron (\$15) or at Hogneck (\$25). Meet Friday mornings at 9:30 a.m. in the Clubhouse parking lot to carpool. Come join us! Sometimes the women play on another day. Call to get your name on the list.

Tennis: George Drake, 410-758-8266

See George's article on Tennis on page 9 in this issue of the *Libretto*.

PAST SOCIAL EVENTS

Valentines Day Party

On February 14 Villagers came to the Clubhouse to celebrate Valentine's Day. The Clubhouse was decorated with white trees covered in red lights and hearts. Many lovely red carnation arrangements decorated the tables in the ballroom. DJ Dan provided music for dining and dancing. We were served tasty hors d'oeuvres and a scrumptious buffet followed by a delicious cake. There were several door prizes. Many danced into the night and a good time was had by all.



Who can I get to style my hair? *See pages 16 to 18!*

Of Local Interest

Training Workshop for Hospice of Queen Anne's

Recently, Hospice of Queen Anne's held a Volunteer Training Workshop. Being accustomed to having no more than six people register for a Workshop, HQA was overwhelmed and thrilled to have 20 people register (10 attendees were from Symphony Village). Along with the volunteers, a number of nurse's aides also attended the sessions. By the end of the 4-day program (16 hrs.), everyone seemed to agree the Workshop was excellent—interesting, very informative, and something everyone could benefit from by taking it. The Workshops are free, and there is no obligation to volunteer with HQA when the Workshop is over. The next Workshop is being planned for the fall.



Adkins Arboretum

The 2008 art competition show "Discover the Wild Landscapes of the Coastal Plain" continues at Adkins Arboretum Visitor's Center through March 28. Paintings, photographs, ceramics, and sculptures by 22 artists are on display. (www.adkinsarboretum.org)

Centreville Town Council Elections

Once a year, the Town Council of Centreville holds elections for a new member to the council. The deadline to file for candidacy is March 3, 2008 by 4:00 p.m. The last day to register to vote is March 20 until 8:00 p.m. The last day to request and file an absentee ballot is March 31 until 4 p.m. Late nights for registration are February 21 until 8 p.m., March 3 until 8 p.m., March 6 until 8 p.m., and March 20 until 8 p.m. Election Day is 7 April from noon until 7 p.m. If you have any further questions please call the Town Hall at 410-758-1180.



Two Types of Adult Grief Management Classes offered by Hospice of Queen Anne’s This Spring

Hospice of Queen Anne’s Bereavement Program will offer two unique series of grief classes for adults--one for those who have lost a child, and one for those who have lost a spouse or other close loved one. These bereavement services are available to anyone in Queen Anne’s County who is living with grief regardless of the cause of death.

A Grief Management Class is a place where bereaved adults can learn more about grief and how to deal with it, in the presence of others who understand because they too have experienced similar significant losses. Participation in this class may *prevent* grief-related problems later in one’s life. The class is not group therapy, but when it works well, it certainly can be therapeutic. It is not a social group, but friendships often form as class members get to know each other. Each class will focus on topics related to grief, and will include activities, teaching, and open discussion.

The series of classes for those who have lost children will meet on Monday evenings from 6:30-8:30 p.m. for eight to nine weeks, from March 24 until May 19. The series for those with other losses will meet on Wednesday evenings from 6:30-8:30 p.m. from April 2 until May 21. The meeting place for both will be the Hospice Center at 255 Comet Drive in Centreville.

Participants are asked to make a commitment to attend as many classes as possible. There is no fee for this class. Call Susan Brandon, Bereavement Coordinator, to ask questions or to register for either. (443-262-4109)

Reminder--Queen Anne’s Chorale Gala

The Queen Anne’s Chorale (a 55-voice community chorus under the direction of Bob Huntington) will culminate its 20th anniversary season with a Gala on April 26 at the Todd Performing Arts Center at Chesapeake College, Wye Mills, Maryland. The concert, entitled “Made in America” begins at 7:30 p.m. and will be given free of charge as a gift to its devoted audiences over the last 20 years.

Tentative Friday dinners at the American Legion

March 14	Fried Oysters	\$12
March 21	Shrimp	\$10
March 28	Honey Fried Chicken	\$ 8
April 4	Surf and Turf	\$15
April 11	Pork Chops	\$ 8
April 18	Shrimp	\$10
April 25	Steak	\$12

The dinners are held from 6-8 p.m. They will have Sunday breakfast April 13 from 8 to 11 a.m. for \$7. Please note: the building is now smoke free.

SPECIAL REMINDERS

- Club House Phone Number (Jan and Dennis)—410-758-8500
- Jan Van Riper's email--symphonyclub@atlanticbbn.net
- Dennis Sesplankis' email--dsesplankis@legumnorman.com
- Warranty Office—301-261-0277 ext. 135 Katherine Zell
- George Bachman—301-261-0277 ext.211; [email—gbachman@carusohomes.com](mailto:gbachman@carusohomes.com)
- Recycling--410-778-5949



Who can I get to put in a patio or garden? *See ads on pages 16 to 18!*

Coupons

Here is something I think will benefit all of us here at Symphony Village! FREE local coupons to SHOP, DINE, GOLF & MORE! Click and Print all the coupons you want at absolutely NO COST TO YOU! To receive your FREE coupons every month, go to www.midshoresavings.com and register.

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PERSONAL ADS

Do you have something to sell, a condo to rent, something you need. Email the ad of 20 words or less to lhodges@atlanticbb.net or call Carol Hodges at 410-758-0591. Commercial or real estate sales are prohibited.

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Call Carol Hodges 410-758-0591

Chicken with Artichokes

From the kitchen of
June Silverman



4 chicken breasts (thin)
6 Tbsp butter, divided
1/3 cup lemon juice
1/4 cup capers
1/2 cup chopped tomato

salt & pepper
6 Tbsp olive oil
1/2 cup chicken stock
1/2 cup diced red pepper
1 can artichoke hearts (sliced)

- Preheat oven to 350°.
- Pound the chicken breasts very thin (I buy the chicken scaloppini).
- In skillet melt 4 Tbsp of butter and 6 tablespoons oil.
- Cook chicken for 2 to 3 minutes on each side (depending on thickness of the chicken). Remove from pan. Put aside in casserole.
- Add chopped pepper, cook lightly.
- Add diced tomato and cook lightly.
- Remove from pan and sprinkle over the chicken.
- Take pan off the heat and drain fat.
- To pan add lemon juice, chicken stock, and capers and return to stove.
- Bring to boil, scraping brown bits off the bottom of pan for flavor.
- Add salt and pepper to taste and simmer 5 minutes.
- Add 2 Tbsp of butter, and whisk to thicken.
- Add artichoke hearts and pour over chicken.
- Bake at 350° for 45 minutes or until it bubbles.

You can also add sliced mushrooms if you like.

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